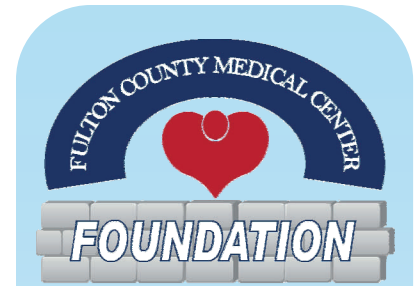


# BECAUSE OF YOU!



## Featured Program

### Planned Giving Week Promises Something for Everyone



Your grandchildren can be cared for as well as the healthcare they depend on

October 4-6 marks a busy week of FCMC Foundation planned giving programs in the community.

**October 4, 2011, 7:30-9:00 a.m. FCMC Pearl Room Attorney CPA Breakfast**—FCMC Foundation Planned Giving Panelists Spence Perry, Jerry Spessard, Jim Ifert and Todd Alexander will present to area attorneys and accountants about options for planned giving.

**October 5, 2011, 12:00-1:30 p.m. FCMC Pearl Room Community Luncheon**— The FCMC Foundation

Panelists mentioned above will present to the community. Anyone interested in retirement options and charitable giving are encouraged to attend!

**October 6, 2011, 6:00-9:30 p.m. Mercersburg Inn Special Current Donor Dinner**— "By invitation only," past supporters of FCMC are invited to dinner to hear about planned giving and estate planning from "locally famous" attorney Jeanne F. Singer, JD, CPA.

**Call 717-485-6842 or email [rroush@fcmcpa.org](mailto:rroush@fcmcpa.org) today to reserve a spot at the October 5, 2011 Luncheon!**



First-time Corner Gift Shop Customers make purchase selections

### The Corner Gift Shop— NOW OPEN!!!

It's Because Of You that we opened our gift shop just off the FCMC lobby. "This isn't just for get well cards and candy," said gift-shop coordinator Helen Overly. "We've received praise for our fine gift and jewelry collection." Helen added to stop by anytime you need a gift- Not just when you're visiting the medical center.

The gift shop is a venture between the Auxiliary and the Foundation. Funds raised will be distributed by a committee composed of both Foundation and Auxiliary members and will benefit both patient health and community wellness.

**Gift Shop Hours: M-F 8-4, Saturday 1-4, Sunday Closed**

#### Win a FREE Healthy Foods Basket!

#### Contest #4

Q1- "NLP" stands for what language-based therapy that seeks physiological change through verbal repetition?

Q2- True or False: Dental floss contributes to peristaltic health

Email your answers to [rroush@fcmcpa.org](mailto:rroush@fcmcpa.org). Winners selected from a random drawing of correct entries.

#### Entry deadline

**10/31/11**

#### Inside this issue

"Just Being There".....	2
Scholarship Students.....	2
Try this on for size!.....	2
News .....	3
Last Quarter Donors .....	3

#### Important Dates

Annual Campaign starts in October- Please mail in your contributions!





### Foundation Scholarship Awards to Continuing College Students

In addition to this Spring's High School Scholarships, awards, totaling \$4,000 went to:

Amanda Snider – Slippery Rock University of PA – Doctorate of Physical Therapy Program

Brittany Douglas – Shippensburg University – Biology: Health Professions

Devin Welsh – Penn State University – Pre Med

Elaina Truax – Elizabethtown College - Pediatrics

**Alexander Stewart, MD Foundation contributes \$12,000 for chair that makes emergencies and procedures for large patients safer and more comfortable**

Michele Hann and Jill Plessinger flank the new chair, which is all electric.



## F&M Trust Establishes Named Scholarship

F&M Trust President and CEO William E. Snell, Jr., and Market Manager Fulton County, Paul Johnston, presented the Fulton County Medical Center Foundation with a check for \$1500 to establish a full scholarship in their name.



Sally Gresty and Robert Roush receive check from F&M Executives

“It is gratifying to know that F&M Trust not only supports the future healthcare needs of Fulton County, but that they entrust the FCMC Foundation to invest their contribution in today’s healthcare students .” stated Robert Roush, FCMC Foundation Executive Director.

This past year, the FCMC Foundation gave \$9,000 in scholarships to area high school and college students who were former recipients of the scholarship. High school students were starting their schooling with plans of becoming dermatologists, pediatricians, radiologists and nurses. While the continuing college students were completing courses in physical therapy, general medicine, and health research.



## FCMC “Just Being Here” Gave Us Confidence in Our Retirement—By Spence Perry, FCMC Foundation Board Chair

In 2005, when my wife Cinda and I began to look for our retirement site, we concluded that there were certain basic requirements: beautiful surroundings, nice people, a church we could

enjoy, a good library, and good health care were prominent on the list.

We knew of FCMC living in Hagerstown. We had friends who practiced there and knew other folks who had been treated there, often in emergency circumstances. They were unanimous in their praise.

While looking for a house in Fulton County, we did a lot of due diligence. I walked through the halls of the old FCMC. We knew the new hospital was on the way, but my experience with organizations told me that I could learn a lot by observing things as they were. The compassion, the warmth and yes, the humor I heard in those rooms and walls was wonderful. A new building would not create what FCMC already had, but it would certainly enhance it.

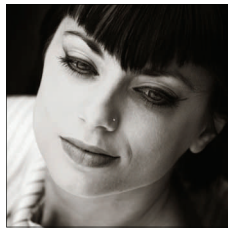
Cinda and I came to Fulton County full-time and permanently in 2007, and we have enjoyed and appreciated every day of our time here. We have both always felt the need to contribute to the place where we live, and we have done that in our new home, starting with FCMC. We supported both building

See "Perry" page 3



## Medical Center News

Fulton County Emergency responders today announced they have launched a new system to help improve heart attack patient outcomes. The LIFENET System, is known to reduce door-to-balloon time (D2B), for patients in Fulton County who experience a dangerous type of heart attack known as STEMI (ST-segment elevation myocardial infarction).



### Plastic Surgery Added

Fulton County Medical Center Specialty Services is pleased to announce Ear, Nose and Throat Specialist Elliott J. Bilofsky, D.O., F.A.O.C.O, who has been with FCMC since 2008, is expanding his surgical practice to include facial plastics.

### *"Perry" from page 2*

campaigns, several smaller projects, and plan to continue with this support in the years ahead.

And what have we found, a few years on? The Medical Center is more than we could have expected. Lab work and imagery are great and quick to accomplish, the physicians, nurses, and support staff are competitive with far larger medical centers, and offer a down home unpretentiousness and concern for the individual patient that is hard to get in larger settings. The emergency room is usually quick and easy to negotiate, and if you do need to go elsewhere, it can be quickly and efficiently arranged.

FCMC is our communities tie to the future; it will give us a shot at the economic opportunities of the 21st century while offering extensive support to Fulton County's present economy. It is an engine that can take us to wonderful places.

For all these reasons, Cinda and I have supported and continue to support FCMC, and we urge our friends in this region to help as well.

## Donations Fourth Quarter Fiscal Year '10—'11

FCMC Foundation received and entered cash and in-kind gifts from the following folks from April, 2011—June 30, 2011 – Thank You!

**Always remember: Please contact us if you wish to be anonymous or would like your name removed from any mailing lists...**

Altoona Curve  
Cedar Grove Christian Church  
Debbie's Beauty Shop  
Dover International Speedway  
Edgewood Pro Hardware  
Fair Ridge Pentacostal Assembly of God Church  
Fletcher's Dry Cleaning  
Flower Basket & Gift Box  
Fulton County Medical Center  
Fulton County Medical Center Auxiliary  
Fulton County Medical Center Medical Staff  
Great Cove Baskets and Gifts  
Greenhill Sewing Club  
JLG Industries  
Kee-Ta-Quay Construction  
The Lodge

McConnellsburg True Value  
MJ's Massage Therapy & Chiropractic  
Mount Zion Lutheran Church  
Pizza Hut  
Robert T. Henry Pharmacy  
Snyder's Woodshop  
The/Lodge  
Tollgate Auto Parts (NAPA)  
Twin Oil Company, Inc.  
Scott and Valerie Alexander  
Angie S. Anderson  
Mr. and Mrs. Gary Ankney  
Mr. and Mrs. Merrill S. Arnold  
Mr. and Mrs. Jim Babinsack  
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Mrs. Sarah K. Donahoe  
Mr. and Mrs. William C. Dovey, Jr.  
Ms. Jill D. Doyle  
Nicole Earley  
Mrs. J. Faye Elvey



Quarterly gifts continued from page 3

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John Fegan  
Horace and Leta Feight  
Miss Elisha Feight  
Robin and Linda Feight  
Mr. Robin T. Fix  
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Ms. Allison K. Fraker  
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Mr. John Hann  
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Mr. Rodney D. Heming  
Mr. and Mrs. Ed Hendershot

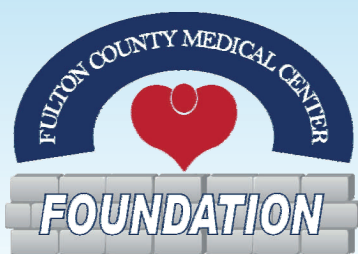
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