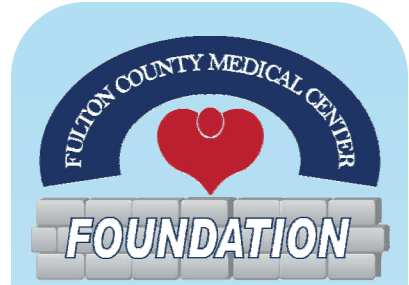


BECAUSE OF YOU!



Featured Program



Your grandchildren can be cared for as well as the healthcare they depend on

Too Good to be True? Get a Retirement Income and Leave a Charitable Legacy

Planned giving committee members James Ifert, B. Todd Alexander, Spence Perry and Jerry Spessard say giving is easy and could lead *first* to an income! In addition, there are ways to give to FCMC and get great tax breaks.

Leave Behind a Legacy

1. Leave us a bequest in your will. Already have a will? You or your attorney can easily add a codicil
2. Make FCMC Foundation the beneficiary of a life insurance policy

Benefit You and Your Family

1. Retirement (pooled) Income Fund—Make a gift and get annual payments for the rest of your life— at a guaranteed payment rate
2. Charitable Remainder Trust—Leave a gift to FCMC after providing for your heirs
3. There are other choices available—one is right for you!

Call Robert Roush today at 717-485-6842



Foundation Launches Campaign to Create Healing Garden

It's Because Of You that we are making this change and adding a "healing garden" entry to the front of Fulton County Medical Center.

We need your help to make the change—and to make it last. Your contribution goes to lay the bed, purchase the flowers and trees and/or to perpetually care for the garden.

Various contribution levels will pay for different garden elements: Flower bulbs-\$25, Perennials-\$50, Groundcover/Shrubs-\$75, Trees-\$100.

Call Wendy today at 717-485-6116



Win a FREE Healthy Foods Basket!

Contest #3

Q1– What Chinese form of fitness is characterized by precise, slowly moving body positions?

Q2– Which herb is the predecessor of the cardiac drug Digitalis?

- A) Foxglove
- B) Oregano
- C) Vitamin A
- D) Co-Q 10

Email your answers to rroush@fcmcpa.org. Winners selected from a random drawing of correct entries.

Entry deadline 7/30/11

Inside this issue

Life's Spiritual Journey.....	2
Scholarship Students.....	2
Need a lift?	2
News	3
Last Quarter Donors	3

Important Dates

9/17/11—FCMCF Golf Tournament!



Foundation Scholarship Awards start with High School Students

An over-all total of \$5,000 was awarded to:

Kinsey Cutchall – Mount Aloysius College- Nursing – Forbes Road HS

Lacey Beatty – Elizabethtown College – Anesthesiology – Southern Fulton HS

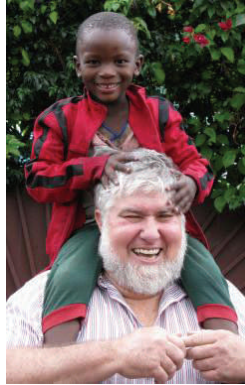
Cierra Covalt – Allegany College – Radiology – Southern Fulton HS

Morgan A. Mills – Penn State – Dermatology – Southern Fulton HS

Awards to continuing college students were yet to be made at press time.

JLG Creates Lift Prototype– and gives it to FCMC as a gift!

JLG Industries, Inc., of Oshkosh Corporation, presented FCMC with a LiftPod® Personal and Portable Lift. This new lift will assist in the FCMC facility for years to come.



The CAMP Fund—How Fulton County has Adopted a Sister Community in Africa

Somewhere in the heart of the Congo lies a community that has had long-term ties to Fulton County through the late Jim Camp. Jim, a former employee of FCMC, was raised in the Congo, and his love of the people, its culture and his desire to help with their needs, has been transferred to the next generation through his daughter, Rebecca Cech.

In 2009, the FCMC Foundation started The C.A.M.P. (Congolese Advocacy Memorial Project) Fund to help continue Jim Camp’s work in Africa.

Rebecca and her husband visit the region often, but they wish to travel there for an extended period of time in order to offer education programs to the people. Rebecca and her husband, Jeff, have been working diligently to raise the necessary funds to realize their dream of a new education program coming to life in the Congo.

Please visit www.congostory.org and contribute today!



LIFE’S GOOD CHOICES - Donor and Board Member Bill Hine tells us about love of home and his spiritual journey

In 1975, my wife and I chose to be residents of Fulton County when I retired from the Navy. We came to Fulton County because we were attracted to people who shared our values. We loved the beauty of the mountains and the farmlands. In moving 18 times during my 20 years in the Navy, we never had a chance to see a planted tree grow to maturity. Here I have. Our family started eking out a living on our hardscrabble farm. We worked hard. Our neighbors became our friends. Neighbors helped us plow, shell lima beans and peas on the porch on summer evenings, can peaches and buy egg laying chickens. Here, folks take the time to visit over coffee. When my first wife, Betty, got cancer, those same neighbors surrounded us with their love. When Betty died, the dairy farmers, for whom I worked as a milk tester, bore my wife’s casket. In my days as a widower, the people of the Siloam Church had a place at the table for me on Sunday after church ... I guess they knew how alone I felt!

28 years ago, my neighbor, the late Sara Huston, asked me to join the Fulton County Medical Center Board. After the care Betty received through her terminal bout with cancer, it was my honor to serve on the Board. I became close to the hospital and medical staff and shared in their caring for patients.

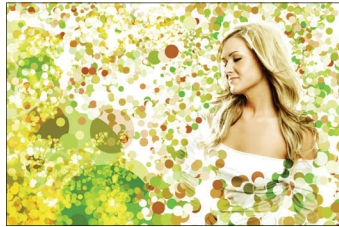
See "Hine" page 3



Foundation & Medical Center News

Golf Champion?!

Mark your calendars for the next FCMC Golf Tournament on September 17, 2011. Call Wendy at 485-6116 for sponsorship and golfer info!



Gynecology Services Added

Fulton County Medical Center Specialty Services is pleased to announce the newest physician group on campus: UPMC Bedford OB-GYN Associates will hold office hours at FCMC Specialty Services every Wednesday, beginning June 15, 2011. 717-485-6110

A BIG thank you for the excellent care...Long Term Care...Rehab Department... Home Care... I don't know what we would have done without [it]! - Jim & Erma Chamberlain

Donations Third Quarter Fiscal Year '10—'11

FCMC Foundation received and entered cash and in-kind gifts from the following folks from January 1, 2011—March 31, 2011 – Thank You!

Always remember: Please contact us if you wish to be anonymous or would like your name removed from any mailing lists...

American Legion Post 561
Bollman Charter and Travel
Clinical Equipment Services, Inc.
Construction Junction
Daley Family Eye Care
DelGrosso's Amusement Park
East End Brewing Company
F & M Trust
Fulton County Historical Society
Fulton County Partnership
The Great Cove Golf Course
Hagerstown Speedway
Hollywood Casino
Howard L. Sipes Funeral Home, Inc.

Hustontown Area Volunteer Fire Company
McLaughlin's Drug Store, Inc.
Moffitt Heart & Vascular Group
Newport Medical
Ott Brothers Furniture & Appliance
Pelton Construction
Penn State Mont Alto
PFEX Inc.
Pittsburgh Pirates
Professional Uniforms & Advertising Specialties
Route 5, Inc.
Schall & Bard
Smith's Implements, Inc.
Snider's Jewelers Inc.
Starbucks
Thomas All Things Automotive
Waring Products/Div. of Conair
Whole Foods
Mr. William R. Abeles, Sr.
Jonathan F. Abels
Judy Anderson
Ashley P. Andrews

Jason Ankrom
Anonymous
Mrs. Frances M. Antoon
Mrs. Elaine Armstrong
Mrs. Amy M. Baker
Mr. and Mrs. Michael Bard
Mrs. Dotti Barton
William Bean
Rosalyn E. Becker
Vicki Behrens
Michael Benedetti
Pamela A. Benton
Mr. and Mrs. Peter F. Bogetti
Mr. and Mrs. Bill Bolinger
Donald L. Bragunier
Mr. and Mrs. Doug Brown
Molly Brown
Myron D. Byers
Ms. Jean Camp
Denise W. Carr
Charlotte Cisneros
Ms. Lisa L. Clevenger
Nicola Coohill
Mr. and Mrs. Kirk Cover

"Hine" from page 2

The time on the Medical Center Board came to a close after almost 9 years and the Lord called me to do mission work for Gideons International around the world. Blessings never cease! Soon, a certain Louise McDaniel, an active Elementary School Principal, chose me to be her husband!

Heart attacks in 2003 forced me out of Gideon International work. Again, I saw how good our medical people were and how carefully I was rehabilitated and treated as a patient. When I was asked to join a committee headed by Helen Overly, a friend and a former fellow FCMC board member, I accepted. We worked during the years leading to the new state-of-the-art Medical Center, in an awesome fundraising effort. When asked, I helped in the Specialty Services building fund effort, which morphed into my membership as a director in the FCMC Foundation.

Fulton County is "home". I owe Fulton County and the solid people who live here a life-long debt of gratitude. There is a sense of community pride in this place that has led to a delightful and healthful lifestyle. The people here care for each other in a way that warms my heart. I want to see this place on earth continue to be the finest we can make it. Please join us in our quest!



Quarterly gifts continued from page 3

Mr. and Mrs. Allen L. Cover
Craig C. Cutchall
Dr. Frank D'Amelio
Mr. Henry W. Daniels
Alaina Dopico
Mr. Thomas A. Duffey
Ralph L. Ebner
Ms. Doris M. Fell
Mr. and Mrs. Kevin G. Fisher
John H. Fleenor
Teresa Foley
Fred B. Fore
Thad Fornal
Ms. Janet M. Fraker
Ms. Carolyn A. Frank
Babe and Kate Gamble
Mr. and Mrs. Kenneth L. Glazier
Jamie and Nancy Greathead
Mr. and Mrs. Greg Gress
Ms. Sally J. Gresty
William J. Grimes
Mr. and Mrs. John R. Guyer
Mr. and Mrs. Phil Hart
Mr. and Mrs. David Harvey, Jr.
Mr. David Haubrick

Ms. Nancy L. Henry
Tonya and David House
Hester M. Jones
Albert Kunz
David A. Lagnese
Brayden Lee
Matt Lee
Mr. and Mrs. Timothy N. Locke
Jeffrey A. Lonsinger
Celenia Lonsinger
Ms. Pamela A. Lynch
Ntombi Marrengane
Ms. Bridget R. Martin
Mr. Toby M. McCarty
Carole and Robert McCarty
Mr. and Mrs. Floyd G. McGinnis
Brian Mellott
Carol and Carl Mellott
Amy Merxbauer
Ms. Debra B. Messner
Ms. Lindsey Miller
Mr. and Mrs. Jerry A. Morral
Ms. Trudy Morton
Carol-Shan Nault
Jack Nelson
Norma Nill
Tim Oliveira

Susan Orban
Mr. Mitchell Ott
Ms. Betty W. Palmer
Mr. and Mrs. Carl G. Paylor
Mrs. Heather D. Peck
Helen Perriloux
Jamie Perry
Mrs. Vivian Reilly
Bonnie Rolison
Angelique Sanders
John J. Sasko
James and Monica Schall
Matthew Schmitz
William and Sandra
Mr. and Mrs. Mark L. Sheffield
Mrs. Gloria J. Shives
Mr. and Mrs. Junior Shoemaker
Mr. Gregory E. Shore
James Simon
Mr. and Mrs. Donald W. Small
Jan F. Stepanek
Ms. Erika D. Taylor
Citlali Tolia
Barb and Rick Truax
Mr. and Mrs. D. A Washabaugh
Beverly Weimer
April Welch

Ms. Tina R. Younker
Mr. Brad Younker
Denise Zbozny



The Winner Is...! The winner of last quarter's trivia contest is Nancy Younker. Congratulations!

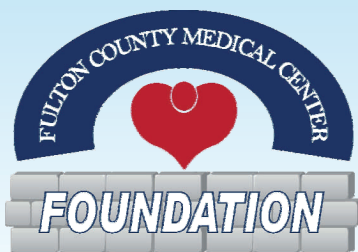
March's answers were:

- Red wine can help *prevent* a stroke.
- Reduce cholesterol with garlic and omega fats

"Normally under such circumstances, I would have been a basket case. But I wasn't." - 'Mathew's' mother [Winfield Salvage, Co.] after he had an emergency appendectomy at FCMC

FCMC Foundation
214 Peach Orchard Road
McConnellsburg, PA 17233

Phone: 717-485-6842
Fax: 717-485-6105



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and make donations, find our facebook page and learn more about us!