

BECAUSE OF YOU!

Foundation Founders

It's Because of You: Foundation Launches New Newsletter

Welcome to our inaugural issue of, "Because of You". Why? Well, because it is because of you that the Fulton County Medical Center is where it is today, offering high quality services at state-of-the-art facilities. You wanted the best and the ground-swell of community support that has made FCMC possible is what we ride on. In January 2011, we will contacting our donors to thank them for their involvement and unveil their "foundations founders" level for their lifetime gifts. Keep watching your mail!



Foundation Connects with Community for Wellness

The FCMC Foundation Board members are active in the community, and often perform a vital role in connecting medical center resources to other community groups. FCMC Foundation also likes to encourage collaboration between groups in the community in order to "support health and wellness" in our community.

Recently, the Foundation was approached by one of the Lion's Clubs in Fulton County. As many of you know, Lion's Clubs are advocates of diabetes prevention and proper care, since it is a leading contributor to blindness. Foundation Board Secretary Treasurer Loy Garber called and met with Lion's Club leaders and the result was to schedule the first health fair with the Forbes Road Lions Club.

FCMC Foundation Board Secretary-Treasurer Loy Garber visited the three Lion's Clubs in Fulton County to gauge their interest in joining forces, and came back to the medical center to connect the dots and start some health fairs and screening clinics. "Lion's Clubs are so well-connected in the community with their fingers on the pulse of community members' needs." The medical center has the means to not only screen for diabetes but to help educate the public for prevention as well," Loy said.

The first successful event was held this past November at the Hustontown Fire Hall. Watch for future events in partnership with the medical center and Lions Club International!



Find The Name and Fulton Fun Fact

Find this name "Robert E. Peck" and email rroush@fcmcpa.org the page it is on along with the answer to this trivia question: What is the name of the television show that recently featured a story about a Burnt Cabins community member during the Civil War?

Winner, selected in a drawing from correct entries, receives a basket full of healthy foods!

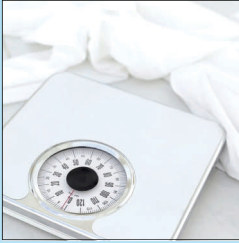
Entry deadline 1/15/11

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Important Dates

1/29/11 Casino Night: Black Tie
Optional : American Legion



Watching the waist-line

In keeping with Foundation priorities for Wellness, Foundation Board member Helen Overly keeps up quite a schedule for running Weight Watchers programs in Fulton County.

Meetings are held each Thursday at the Fulton County Library. Meetings start promptly at 6 PM; doors open at 5:15. It is best to be there by 5:30 if possible.

For more information call Helen at 717-485-4705.

Tell YOUR donor story! Call Robert at 485-6842...



Watch for upcoming Yoga classes taught by Foundation Executive Director, Robert Roush. Email rroush@fcmcpa.org if you are interested!

The Foundation and FCMC Auxiliary pitch Together for New LTC Van

The FCMC Auxiliary and the Foundation's 2010 Auction and Golf Tournament helped to fund the new long term care van.



2010 Auction— Auctioneer Lyle Reed gets bids as Edna Keebaugh presents Ray Miller her handiwork for Auction



New LTC Van— Members of the Auxiliary and Foundation Board are present as the new van arrives!



Team Earley—Takes the trophy in the 2010 Golf Tournament

"Because Fulton County Medical Center is Literally a Life-Saver Facility!" Foundation Donor and Board Member Helen Overly Tells Us Why She Supports FCMCF



When I was first tapped to be the fundraising chair I was sure I didn't have time but somehow we made time for one of the most important volunteer jobs I could have done. But it was, and is, the people of this county who stepped up to make it happen.

In thinking about FCMC, the golden nugget of Fulton County, I go back to the people who have supported this medical center from its very beginning.

We have this wonderful facility because of the vision and passion of the local people. Think about it. It began more than 50 years ago with the vision of one man, Dr. Edgar H. MacKinlay. A committee was formed of local business people to build an infirmary *but* the decision was made that it could *not* be done!

When the appeal from good Dr. MacKinlay went out to the ladies of Green Hill Civic Group, a new passion was fueled. Bake sales, dinners and fund raising efforts began with this group of dedicated women.

This fledgling group got the flames burning so brightly the fire caught on to other organizations. Hopes were high but when the architect's proposal was presented

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Foundation & Medical Center Events

Casino Night! Promises Fun. January 29, 2011—6-10 p.m. American Legion. Couples \$50, Individuals \$30. Admission includes hors d'oeuvres and some free gaming fun money! Call 485-6116



Wellness Center at FCMC Rehab Gym! \$40 per month 18 and older. Mon, Tues, Thurs: 1 p.m.—6:30 p.m. Call 485-6149 to join!

" All the staff members [at FCMC] we have dealt with have been exceptional!"
~David H. Kling, Patient

Donations First Quarter Fiscal Year

FCMC Foundation received and entered cash and in-kind gifts from the following folks from July 1, 2010—September 30, 2010 – Thank You!

Always remember: Please contact us if you wish to be anonymous or would like your name removed from any mailing lists...

Aegis Property Group
Always Connected
Blue & Gray Relic Shop
Capital Blue Cross
Carbis Walker LLP
Center United Methodist Church
CJL Engineering
Clinical Equipment Services, Inc.
Community State Bank of Orbisonia
Dignity at Home
Earley's Painting & Wallcovering

Edward Jones Investments
F & M Trust
Fulton Beverage Inc.
Fulton County Medical Center Auxiliary
Fulton County Medical Center Medical Staff
Guardian In Home Services, Inc.
Harrisburg Dairies, Inc.
Head Mercantile Co, Inc.
Jacoby/Trexler Architects, P.C.
JETService
John G. Newby, M.D., P.C.
JTT Construction Services
Keller Engineers Inc.
Kelso Cornelius Funeral Home
Laurel Ridge Sunday School
MacDonald's Pharmacy
The McConnellsburg United Presbyterian Church
McLaughlin's Drug Store, Inc.
Moffitt Heart & Vascular Group

Palmer Construction Co., Inc.
Peckies Auto Body Repair
Pennsylvania Department of Health
Pennsylvania Emergency Management Agency
Planet Saturday, LLC
Remsburg's Service Center
Robert Snyder Agency
Second Time Around
St. Paul's UCC Women United
Tracing Technologies
Tri-State ATV
USI Southwest
William R. Abeles
B. Todd Alexander
Todd W. Allen
Frances M. Antoon
James S. Askins
Guynethia G. Bard

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there was another setback. It seemed the cost would be too great and again, it was decided it couldn't be done!

Enter Dan Winter, a local engineer who determined a facility *could* be built for less. He, with new drawings, and a host of other volunteers with shovels and digging equipment began the impossible.

From the very beginning this medical center has been a grass roots effort with people donating time, food from the community's pantries, money and sheer determination. The goal always was to give medical care here in the County.

Fast-forward 50 years. With land donated and dreams of yet another new hospital, hours and days of committee meetings ensued. Drawings and financial viability were scrutinized, not for months, but for years.

Again the people of Fulton County answered the call. As a young man, John Shimer wanted to contribute to the original Medical Center, but had no money at the time. Fifty years later, he gave the lead gift of a million dollars for the current hospital. That gift was much needed to give everyone the confidence to move on. Again the people of the County rose up to bring **"health care closer to home"** with donations of five dollars to a million dollars plus. Yes, *you*, reader, made this possible!

Here we are today standing on the shoulders of these great people with a state of the art facility: a golden nugget indeed!



7/1/10-9/30/10 Gifts Continued

Margaret Barton
Lori A. Best
Rex S. Black
Ken Black
Jayla S. Bolinger
Bill Brelsford
Polly A. Briggs
Chad M. Buterbaugh
Debra A. Buterbaugh
Jean Camp
Paul J. Cech
Esta M. Colledge
Stephanie M. Crouse
Frank D'Amelio
Lanette Deneen
Derrick Donnell
H. Lyle Duffey
Merwyn P. Eddy
Jesse & Wendy Farling
Horace R. Feight
Kevin & Sherri Fisher
Dan Fleming
Loy & Linda Garber
Harold B. Garlock
Sandra J. Garlock

Tim Gelvin
Dawn D. Good
Alice Gordon
Darlene Gress
Harold M. Gress
Gary Gress
Cherry D. Hale
Kimberly R. Harnish
Jason & DeAnn Hawkins
Amy B. Headley
Carol S. Hendershot
Fred D. Henzler
Robert & Misty Hershey
Patricia K. Hess
Stacy A. Hill
Arthur W. Howell
Jennifer S. Johnston
Patrick & Kristen Kelso
Thomas S. King
Shelby Knepper
Danny J. Lake
Sandra H. Land
Loren R. Leese
Christy L. Long
Robert E. McCarty

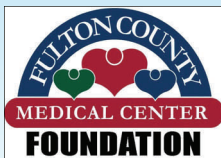
Toby McCarty
Gabrielle McGarvey
Lindsey Miller
Roy & Kelly Miller
Gwendolyn J. Morral
Trudy Morton
Kristen Mumma
Joe & Melanie Myers
Carl D. Ollberding
Helen Overly
Larry W. Palmer
Carl G. Paylor
Craig E. Paylor
Joyce M. Peck
Robert E. Peck
Leanne L. Pollock
Kirby & Melissa Randler
Lizabeth Reynolds
Kena L. Richards
Ronald E. Richards
Lisa Robinson-Burgoyne
Robert A. Roush
David K. Salseth
Karen S. Schooley
Judy V. Shade

Deborah A. Shughart
Matthew Sigel
Ann M. Simpson
Jessica S. Small
Margaret K. Snyder
Cathy L. Souders
Jack D. Steele
Dianne Stenger
Gerri Strait
Dawn A. Strickland
Darin Swope
Gayle Tharp
Nancy L. Traxler
Barb D. Truax
Roger D. Truax
Naomi M. Waite
D. A. Washabaugh
Clarence O. Weicht
Steven & Barbara Weller
Stephanie White
Duane A. Williams
Tina Wilson
Ellis Yingling
Nancy E. Younker

*"We listen to every one of our patients and donors. Because of you, we will be working toward adding gynecology, dermatology, telehealth services and an additional orthopedic surgeon in 2011."
~Jason Hawkins, CEO, FCMC*

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PLEASE
PLACE
STAMP
HERE



Visit our website at "www.fcmcpa.org/foundation.html" and click the above box to find us on facebook